

Sabrina N'Diaye, PhD, LCSW-C

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Education	PhD - Mind-Body Medicine - Saybrook University Dissertation Title: <i>A Sister's Voice: Imagery and the Lived Experiences of African-American Women with HSV-2</i>	2014
	Master of Social Work – City University of New York -Hunter College School of Social Work	1994
	Bachelor of Arts – Psychology - University of California, Los Angeles	1988
Relevant Professional Experience	The Heart Nest Wellness Center Baltimore, MD Founder/Integrative Psychotherapist	2006-present
	Provide individual, family, and group psychotherapy. Specialize in treating women, couples, addictions, and trauma. Incorporate multiple mind-body modalities, including guided imagery, meditation, Qigong, and energy healing. Supervise and mentor mental health professionals. Facilitate clinical and community workshops and retreats. Manage community of healers, including psychotherapists, massage therapists, nutritionists, and yoga instructors.	
	Marworth Treatment Center Baltimore, MD Community Relations Manager	2003-2013
	Responsibilities included clinical interventions, patient assessments, referral development, and aftercare planning. Conducted professional and community lectures on addiction treatment. Coordinated annual addictions-focused conferences.	
	Liberty Management Group New York, NY Clinical Specialist	1995-1998
	Representative for inpatient chemical dependency facilities. Responsibilities included interventions, intake interviews, psychosocial assessments, and referral development. Promoted and conducted professional conferences.	
Professional Training Experience	Center for Mind-Body Medicine Professional Training Program <i>Faculty</i>	2013 - present
	Facilitate a 5-day evidence-based group experience for healthcare professionals on the practice of mind-body medicine.	
	Institute for Advanced Psychotherapy Education, Inc. <i>Faculty</i>	2008 - present
	Courses: Self-Care for Healers, Creating a Successful Private	

Practice, Racism and Oppression, Cultivating a Healing Presence

Teaching Experience

Saybrook University

Adjunct Faculty

2014 - present

Course: Graduate Colloquium, Introduction to Mind-Body Medicine, Spirituality and Health

2011-present

Casa Loma College

Adjunct Faculty- On-Line Education

Courses: Introduction to Psychology, Ethics, Critical Thinking, Diversity, Communication Skills, Introduction to College English, Leadership

2013 - present

Maryland University for Integrative Health

Guest Lecturer/Course Development

Course: Mindful Eating and Nourishment
Course Development: Integrative Mental Health

2004 – 2006

Howard County Community College

Adjunct Faculty

Course: Introduction to Chemical Dependency Treatment

Conference Presentations/ Trainings (partial list)

The Power Within: Using Guided Imagery in Psychotherapy

The Enduring Trauma of Racism and Oppression: Ethical Considerations for Authentic Therapists

*A Meeting at the Corner of Wisdom and Science:
Contemporary Therapy, Timeless Traditions*

Healing as Art: Cultivating Presence, Attunement, and Trust in the Therapeutic Relationship

For the Love of Healing: Self-Care Principles for Helping Professionals

Heeding the Call: Therapy as a Spiritual Path

Certifications

Licensed Certified Social Worker- Clinical
-Maryland License #12898

Licensed Social Work Supervisor
State-Authorized Addictions Supervisor
Certified Trauma Specialist
Certified Imago Relationships Therapist
Certified Mind-Body Medicine Therapist
Certified Qigong Practitioner (in-progress)

Affiliations

Imago Relationships International
United States Association of Body Psychotherapy
Sufi Psychology Association
Mid-Atlantic Association of Imago Therapists (MAIT)